

SPA SUITE





*Welcome to Spa Suite
at Buddha-Bar Hotel Prague*

We create pure peace and pleasure – a bridge between mind and body...
Seeking the natural elements of life and adding a unique twist, we make it very cool and chic...

Escape the limits of time and immerse yourself within our Spa Suite in a soothing atmosphere
with a specially designed interior to pamper your mind and body.
Unique ambience with jacuzzi, steam sauna, fire place and lounge corner where you can relax with a book from
our carefully selected private library. It is the perfect cosy venue for intimate moments.





Panpuri

True beauty is hidden within us but we must protect and strengthen it from the outside.

The journey of the senses begins with faith in the power of nature. This has been respected by our ancestors for well over 5.000 years. Ancestors who understood that the body, the soul, and our environment are intricately entwined...

We have chosen Panpuri - the true guardian of your balance. Panpuri will open your senses - close your eyes and inhale the therapeutic ingredients of essential oils without added perfumes. Nature itself enters the skin, healing and helping where it is needed most – within us.

Panpuri products use the finest natural ingredients, contain only hypoallergenic, natural plant-based ingredients, and are paraben-free & SLS free. Panpuri products are free from animal testing and the only animal based ingredients used in the line are beeswax and honey.

There are no added perfumes or fragrances - only 100% pure essential oils are used to create Panpuri's original scents.

- Ylang Ylang
- Rosewood & Eucalyptus
- Lemongrass & Mandarin
- Thai Jasmine

Selected Panpuri products are available for sale. Please contact your therapist or the Reception Desk to assist you.



Panpuri signature rituals

Cleanse the body, relax tired muscles and rejuvenate the mind and spirit with one of our signature spa rituals. The Panpuri treatment concept is based on the principles of balancing the chakras to enhance a smooth flow of energy in the body. Natural and powerful essential oils are captured in our variety of signature massage oils utilizing the techniques of acupressure, aromatherapy, and Swedish strokes.

Panpuri signature rituals bring about a relaxing, balancing, and uplifting experience.

SOUL INVIGORATING RITUAL (3 hours)

(Foot bath soak, body scrub & wrap, shower, full body massage, shower, moisturizer application)

The body will soothe and fortify, while the essential oils will stimulate your spirit, imparting strength to see the path of serenity. Products used such as Uplifting Foot Herbal Salt Bath, Oriental Spice Oil, Papaya Body Polish, Solitude Soothing Milk Bath & Body Massage Oil, Anti-aging Hand Massage Cream and Soothing Body Balm help to remove irritants trapped within the skin. Inspired by the healing rituals of India, using a unique technique to release muscle tension around head and shoulders and to allow them to function better, while the subtle scent of plant extracts brings relaxation to your soul.

ULTIMATE ANTIOXIDANT JOURNEY (2 hours 15 minutes)

(Foot bath soak, body scrub & wrap, shower, full body relaxing massage, moisturizer application)

Ward off the signs of aging through an unforgettable experience with an Ultimate Antioxidant Journey. Rebalance your soul in a sensual Thai Jasmine Honey Bath and gently polish with Seaweed Salt & Butter Scrub. Next, purify your body and soul with a mineral-rich Inner Peace Body Detoxifier and top it off with the peaceful and sensual scent of Ylang Ylang in a Panpuri inner peace relaxing massage.

HEAVEN BLESSED RITUAL (2 hours)

(Foot bath soak, body scrub, shower, full body uplifting massage, moisturizer application)

Experience heaven on earth, and take your skin on a voyage of purity, softness and lasting moisture, with the help of a refreshing combination of Lemon-grass and Mandarin bath oils. Give yourself the touch of rebirth with the mild Papaya Body Polish that moisturizes the skin. Finally, energize your body and mind with the uplifting scents of the Panpuri Lemongrass & Mandarin Massage Oil.



Aromatherapy massages

Massage therapy applied with skill and care can initiate many beneficial changes within the body, mind and spirit.

INNER PEACE RELAXING MASSAGE (60 or 90 minutes)

(combines Swedish, Aromatherapy with Shiatsu using Ylang Ylang Massage Oil)

Send your mind to a remote place and let yourself be carried away to a tranquil escape with the use of sensual Ylang Ylang extracts blended with Panpuri's natural base oils that create a sweet exotic floral scent that perfectly aligns and opens your energy channels to receive the therapeutic benefits of Swedish, Aromatherapy, and Shiatsu combination of strokes. Surrender to a divine place with a complimenting head massage to complete this peaceful journey. Recommended when suffering from insomnia and high blood pressure, helps to relieve emotional tension.

LEADING LIGHT BALANCING MASSAGE (60 or 90 minutes)

(combines Lomi Lomi, Aromatherapy and Swedish strokes using Santalwood & Rosewood Massage Oil)

Harmonize your senses and surrender your body to the therapeutic caresses of Panpuri's Santalwood & Rosewood Massage Oils. Sweet and woody aroma heals and lifts your spirits and boosts your energy levels. The invigorating scent stimulates circulation in your muscles and relieves stiffness. The result is supreme equilibrium. Improves blood circulation, recommended when suffering from cellulite, rheumatism and swelling.

SOLITUDE UPLIFTING MASSAGE (60 or 90 minutes)

(combines Balinese, Aromatherapy and Swedish strokes using Lemongrass & Mandarin Massage Oil)

Awaken and invigorate your senses. Treat your mind and body to the delicately fresh zest and good manna of Lemongrass and Mandarin Massage Oil. Let their scents and beneficial qualities switch off your busy mind and reconnect you with your inner child. The amazing reviving properties of Lemongrass and Mandarin will clear your energy pathways and provide a stimulating flow of vibrant energy to brighten your soul. Bid your stresses goodbye and wake up to a rejuvenated mind and body. Recommended when suffering from jet lag, gives you refreshing and encouraging feeling.

JASMINE ANTI OXIDANT MASSAGE (60 or 90 minutes)

(combines Aromatherapy and Swedish strokes using Jasmine & Pomegranate Massage Oil)

Monooi de Tahiti oil graciously restores softness and a healthy appearance to the skin. Soy protein, abundant with essential amino acids, helps to strengthen and protect the skin, while honey departs great softness. Pomegranate defends skin from free radical damage and helps minimize the signs of aging. Night-blooming Jasmine alleviates all worries and transports you to an exotic paradise with its sweet, sensual aroma. Recommended for body detoxification and regeneration of dry skin, helps to relieve emotional tension.



Body treatments

Choose from any of our exceptional purifying body treatments below to replenish the wellness within you.

HEALING THAI HERBAL COMPRESS TREATMENT (90 minutes)

(Herbal compress massage using Thai Jasmine Massage Oil)

Surrender yourself to a warm body compress made of premium Eastern herbs, slowly dissolving away the muscle tension from your body. This healing and aromatic Thai body massage is a unique formula that combines various traditional Thai herbs that have been used in Thai culture since ancient times. When heated, they release natural aromatic oils that soothe the mind and the body. After warming up your tired muscles, the treatment continues with a relaxing massage using our Thai Jasmine Massage Oil. Realign your chakras for a more positive flow of energy, and surrender completely to a divine place where the mind and body meet in harmony. Recommended when suffering from back pain and tiredness, relieves muscle tension.

SKIN NOURISHER TREATMENT (75 minutes)

(Full body scrub & wrap, shower, head massage, moisturizer application)

A pampering skin treatment that graciously brings about softness and fairness to your skin. Begin with a mineral-rich brown algae body scrub that does not only rid the skin of dead cells, but also provides it with the essential nutrients and oxygen. Red algae additionally encourages cell renewal and regulates the sebum contents of your skin. Draw out harmful pollutants trapped in the skin with the following delicate body detoxifier, consisting of mineral-rich deep sea clay, honey, clove, and tangerine. Makes your skin soft and acupressure head massage helps against migraine.

REJUVENATING BACK TREATMENT (75 minutes)

(Back scrub & mask, shower, back massage)

Drift deep into the sanctuary of peace with this luxurious back treatment. Begin with a reviving scrub enriched with brown and red algae that provide cell-renewing nutrients. Sea salt exfoliates and protects the skin from bacteria to heal unwanted skin irritations on your back. The nourishing minerals of deep sea clay, honey, clove and tangerine are found in the detoxifier mask trapped within the skin. Conclude with a warming and uplifting back massage using Thai Jasmine Massage Oil that heals the skin and promotes a calmer state of mind. Slip away from worldly impurities. Let us transport you to a calming place where you can be at peace. Makes your skin soft, special focus on back and neck reduces muscle tension to relieve aches and pains.



PURIFY YOUR SENSES



Treatments

Massage techniques can ease pain or tension from stiff aching muscles, boost circulation and alleviate mental stress.

PATH LESS ORDINARY HERBAL FOOT TREATMENT (60 minutes)

(Herbal foot bath soak, foot scrub, foot mask, oil massage)

Every pair of hard-working feet deserves nothing less than this special Panpuri treatment infused with exotic herbal blends of ingredients and with foot bath herbal salt promotes circulation, cleanses dead and unattractive skin. The Cleansing Foot Mask that follows wards off odor-causing microbes. Float away with a deep scalp massage to dissolve mental stress, and then uplift your spirits with a relaxing leg and foot massage using Panpuri's Precious Wood Massage Oil. Finally, moisturize with a Herbal Foot Cream to leave your feet unbelievably clean, cool, and overwhelmed with bliss. Recommended for tired feet, acupressure foot massage helps to stimulate the whole body.

THAI MASSAGE (60 or 90 minutes)

(Traditional Thai massage)

The combination of gentle rocking movements and deep yoga stretching helps release tension and improves your energy flow. The massage combines acupressure and stretching techniques using the therapist's fingers, thumbs, elbows, arms and feet, allowing the body's internal energy to flow more freely and alleviating problematic conditions such as lower back pain, arthritis, headaches and stress-related conditions. Improves blood circulation and lymphatic system, whole body stretching relieves emotional and physical tension.

IN-ROOM TREATMENTS

Please contact the Reception Desk to see which of your preferred massages can be provided in the quiet convenience of your guest room.



Romantic getaway

Experience romantic moments within the unique ambience of our Spa Suite with jacuzzi, hammam steam room, fire place, and lounge corner for you to relax.

It is the perfect cosy venue for an intimate time.

Escape from the routine with our signature package:

- Privatisation of the Spa Suite for 3 hours
- Private use of jacuzzi and hammam steam room
- Bottle of Champagne & strawberries
- 2 x 60 min. massage
- Intimate atmosphere with relaxing music
- Canopy sofa
- Fire place
- Library



How to spa

Assisting you in the selection of a treatment that is most suitable for your needs and desires is of great importance to us. From the moment your spa journey begins until it ends, we consider it paramount that your every comfort and expectation are not only tended to, but anticipated with unrivalled personal care.

- In order to maximize the benefits of your spa experience, please kindly arrive for your appointment at least 10 minutes prior to your treatment time.
- Please inform us in case of high blood pressure, heart or other physical problems, pregnancy and allergies to let our therapists recommend specially adapted treatments for you.
- While every effort will be made to provide you with your full reserved treatment time, should you arrive late for your appointment, the treatment time may have to be reduced depending on availability. We appreciate your understanding.
- If you would like to cancel your appointment, please kindly do so at least 4 hours prior to the treatment in order to avoid a 50% penalty charge.

For appointments, please, contact the Reception Desk at 300 or +420 221 776 300 from outside of the hotel.





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BUDDHA-BAR HOTEL PRAGUE
JAKUBSKÁ 8 · CZ · 110 00 PRAGUE 1 · TEL.: +420 221 776 300
WWW.BUDDHABARHOTELPRAGUE.COM